



# The Abingtons and Hildersham News



[www.theabingtons.org.uk](http://www.theabingtons.org.uk)

**November 2017**



*Photo by Rainer Herberholz*

**Eager participants at the start of the Abington 10k and Fun Run  
Sunday 1 October 2017**

## Letter from the Editor

On 1 October the Abington 10k and Fun Run was very well attended, as the cover picture shows. Congratulations to the winners and warmest thanks to the many volunteers and sponsors who made this fundraising event for the school so successful (page 6).

Congratulations too to the Abington Golfers for success in the Gogs tournament which also raised funds for the school (page 18).

Harvest festivals have provided us with the opportunity to be thankful for good harvests, and have provided food for Jimmy's Night Shelter. Please remember to donate items for the food bank as the colder weather sets in and food prices rise. The annual Poppy Appeal will bring collectors to our doors in early November, with hopes for the usual generous response for this worthwhile cause (page 4).

There was a good response for gifts for the Christmas shoebox collection but more gifts would still be welcome and there is a need to help refugee children in Cambridgeshire homes (pages 4, 5).

There will be a collection of good but no longer wanted books, household goods and clothes at Hildersham on 7 November. Emmaus will sell or reuse these items and we will benefit from an autumn clear out (page 8).

We have been unable to use caddies for paper recycling in recent months because the lorries were not equipped to deal with separated paper and other materials. SCDC has notified us that use of the caddies is being discontinued (page 14).

Thank you, Rod Wilcox, for organising the community order of domestic heating oil. This was delivered between 9 and 19 October by a new supplier so some customer feedback may be useful for Rod.

The new houses at the Pampisford Road junction are steadily being completed and there are new footpaths, grass verges and plants in place in garden beds. The show home is now open. The advertised open market price is £535,000 for a two-bedroom semi-detached house. The eight units of affordable housing will be completed later, at what price remains to be seen (see page 15).

Can you help the Abington Scouts and Cubs? The AALGA needs a ride-on mower. The always popular Christmas Choir is seeking recruits. (See pages 6, 7, 13)

To cheer the colder weather and shorter days we can look forward to Big Breakfasts at Hildersham and Abington and the Advent concert at Great Abington church (pages 7, 8, 11). And of course there is the annual Church Christmas Fayre on Saturday 25 November – an event not to be missed (see page 5 and separate programme).

Valerie Silvey

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Articles for the December edition of *The Abingtons and Hildersham News* should be sent to the Editor by Wednesday 15 November 2017 at [news@theabingtons.org.uk](mailto:news@theabingtons.org.uk). Photos welcome.

## **From the Seven Churches**

In our lounge, on a bookshelf, is a Russian 'Matryoshka' wooden doll of the Russian President Boris Yeltsin. We bought it as a reminder of a family camping trip we made to Russia. Inside Yeltsin is a nest of six more dolls, Gorbachev, Brezhnev, Krushchev, Stalin and Lenin, each one smaller than the last.

Finally, inside Lenin is another one. It is a tiny doll of Tsar Nicholas II, who was assassinated in July 1918 following the Russian Revolution. Someone in the Matryoshka doll trade of Russia obviously has a sense of humour!

This month, as we hold our Remembrance services on Sunday 12 November, we are being reminded of all that happened a century ago. Our services will be at 10.45am in the churches at Babraham, Little Abington, and Weston Colville, and at noon at the War Memorial on Wratting Common.

Next year, on Sunday 11 November we will be marking the centenary of the Armistice, the end of the First World War. I imagine there will be a series of really special and moving national events held then to remind us of the horrors that Europe endured in the time of my grandparents.

As we wear our poppies this month and hear of family tales of the war from our parents and from our friends' parents, and as we stand through the two minutes silence, please remember all those men who went to France and to Belgium from these Cambridgeshire villages between 1914 and 1918 and gave their lives in the battlefields of the Great War.

It is still possible to go online and order one of the ceramic poppies from the amazing display in the moat of the Tower of London. All the money for the poppies goes to charities for wounded servicemen.

Keith Johnson

## **Poppy Appeal 2017**

The appeal starts on Saturday 28 October and runs until Saturday 11 November so please give generously when a collector calls.

Kay Harman, tel: 891 730, email: [robandkayharman@gmail.com](mailto:robandkayharman@gmail.com)

Poppy Appeal Organiser, Babraham, Hildersham and Abingtons

## **Operation Christmas Child**

There is still time to donate any gifts for a shoebox or fill one completely. Thank you to those who have given so generously so far. Money donations are also very welcome to pay for transport costs. Thank you.

Jane Furlow, 893 232, [jane.furlow@gmail.com](mailto:jane.furlow@gmail.com)

## **Fireworks and Bonfire Night – Sunday 5 November**

We aim to have fun, but above all to be safe, when bonfires and fireworks are lit, and going to an organised event is a good way to achieve both. If you plan to have a bonfire or fireworks at home please check the safety advice provided by the Cambridgeshire Fire and Rescue Service on [www.cambsfire.gov.uk](http://www.cambsfire.gov.uk). In particular, always consider animals and wildlife nearby and check that children and animals are not hiding inside the fire. Consider the location of bonfires and firework displays carefully as smoke drifting on or near roads can have devastating consequences.

## News from the Pews

November is traditionally a time of acts of remembrance. 1 November – All Saints Day, a time when some Churches remember and pay respect to all the Christians who died as martyrs or saints, famous or unknown. 2 November – All Souls Day, a day when we remember and pray for deceased family members and friends. 11 November – Remembrance Day, when we remember all those who died serving our country through wars.

Rosemary extends an enormous thank you to everyone who helped to make the Autumn Messy Church such a success. It was a tribute to great teamwork. We know that ‘the cooks’ prepared tea for 60 children, parents and play workers, so well done to all involved.

**Presents for unaccompanied Syrian refugee children.** Cambridgeshire continues to receive unaccompanied refugee children. We will be collecting presents for the refugee children who are in foster care or in the care of social services in Cambridgeshire at the **Christingle Service on Sunday 3 December**. If you would like to donate a gift or some new warm clothing, please could you wrap the present and write a label saying whether it is for a boy or girl and an approximate age. For more details please ring Rosemary Mead (891 718)

**Wednesday 1 November – Space to Be.** The meeting for Space to Be will be held on this day, a time of relaxation and reflection. To find out more, contact Rosemary on (891 718) for details.

**Thursday 2 November – Service of Hope – 7pm, St Mary’s Church Little Abington.** An opportunity for quiet reflection with music and poetry, as we remember those whom we have lost in our families and community. We will be lighting a candle and placing a flower in memory of each person who has died. If you would like us to light a candle for your loved one, please notify an assistant Churchwarden. The service will be followed by refreshments. If you require a lift please contact Marilyn Broadhurst (893 214).

**Sunday 12 November – Service of Remembrance – 10.45am, –St Mary’s Church Little Abington.** Please refer to the back page for details of this service.

**Saturday 25 November – The Church Christmas Fayre in the Village Institute.** Our annual Christmas Fayre will, as is traditional, be filled with the usual goodies of cakes, jam, pickles, produce, toys, books, new gifts, bric-à-brac, drinks tombola, raffle and an opportunity to relax with tea and cake. Father Christmas will be making an appearance too. Please see your programme for full details. If you are able to donate any goods, please contact the assistant Churchwardens (contact details on back page).

**Charity for the Month – Earl Haig Fund.** The Earl Haig fund is a British charity that raises money to provide financial, social and emotional support to members and veterans of the British Armed Forces, their families and dependants.

## There are Charity Boxes in both Churches

**Blessing of Marriage –** On Saturday 7 October the marriage between Marian Barry and Toby Syfret was blessed in St Mary’s Church Great Abington. The couple was surrounded by friends and family for the happy occasion. We wish them a loving and happy future together.

Anne Hall

## **Little Abington United Reformed Church**

Everyone is welcomed at our friendly and inspirational services – just call in one week.

Preachers for November

|             |         |                                     |
|-------------|---------|-------------------------------------|
| 5 November  | 10.15am | Mr Peter Sammons                    |
| 12 November | 10.15am | Mrs Maureen Kendall                 |
| 19 November | 2.30pm  | Revd Bruce Waldron (Holy Communion) |
| 26 November | 10.15am | Mr Chris Salter                     |

For more information please contact Lynne on 893 295.

## **Abington 10k & Fun Run 2017**

In the many years of putting on the Abington 10k we have generally had unexpected October sunshine and clear skies. However, on Sunday 1 October, the event day arrived in true British style, with cloudy skies and some rain. Despite the drizzly conditions, 357 bold and audacious runners braved the 10k, while the 2k race even had a record number of 194 finishers! (See cover picture).

Michael Gilbert from Haverhill Running Club was the first male 10k runner with a fantastic new course record of 33:42 for the measured course. The first female 10k runner to cross the line with an impressive time of 39:49 was Emma Hodson.

The Abington-Hildersham championship was won by Peter Cooke and Emily Waddington. The first-ever recipient in the female over-75's category was Val Stringer from Ware Joggers.

In the 2k Family Fun Run Evie Randall was the first Abington girl, with an amazing time of 9:09. In the boys' category Daniel Marshall was first with an impressive time of 9:38. Well done to all the Great Abington Primary School runners who demonstrated motivation and resilience to beat or set their personal bests.

The Alison Ross marshal trophy was awarded this year to our wonderful village shop for its support of the race and ever-present services to our community.

Thanks to one of our sponsors, Hill, providing an extra water station, we were able to offer a record number of three water stations along the course. We would very much like to thank Hill, Abington Stores, the Three Tuns, Tees Law, Ridgeons, Cheffins, Granta Park, TWI, Biomed Realty, Hexcel, Swift Timing and Sports Therapy Limited for supporting the race. We are grateful to these brilliant sponsors and are lucky to have the support of businesses in the village and beyond.

Last but not least, we would like to send a huge thank you to the many volunteers and marshals who tirelessly helped to set up, prepare and facilitate the race. Without volunteers from the village and beyond we would never be able to put on such a great event each year.

Next year's race will take place on the 7 October.

Monica Krylander, on behalf of the Abington 10k & Fun Run committee

**Abington Jeremiah Scouts and Cubs are urgently looking for volunteers to help run the weekly sessions and also people to help run the Executive Committee. If you might be interested please contact Ruth or Stuart Beach (tel 894 461) or email [abingtonbeavers@gmail.com](mailto:abingtonbeavers@gmail.com)**

## Advent Concert

Tickets are now available for the special Advent concert on 2 December with Tapestry, a locally renowned *a-cappella* group. A delightful evening is planned at Great Abington church at 7pm with this *a-cappella* group providing an evening of eclectic sacred and secular music for choir and saxophone.

Ticket prices, which include mulled wine and mince pies served during the interval, are £10 with under-18s free. They are available from the Village Shop, or from Marilyn Broadhurst 893 214, Anne Hall 892 275, Mary Miles 891 083 and Tony Collett 893 447.

Come and start the festive period in this delightful church with family and friends. A warm welcome is assured.

## Church Christmas Choir

Do you enjoy singing Christmas carols?

Practices for the annual Carol Service Choir will begin on Friday 3 November in the School Hall from 7pm to 8.30pm.

Anyone wishing to join this choir will be welcome.

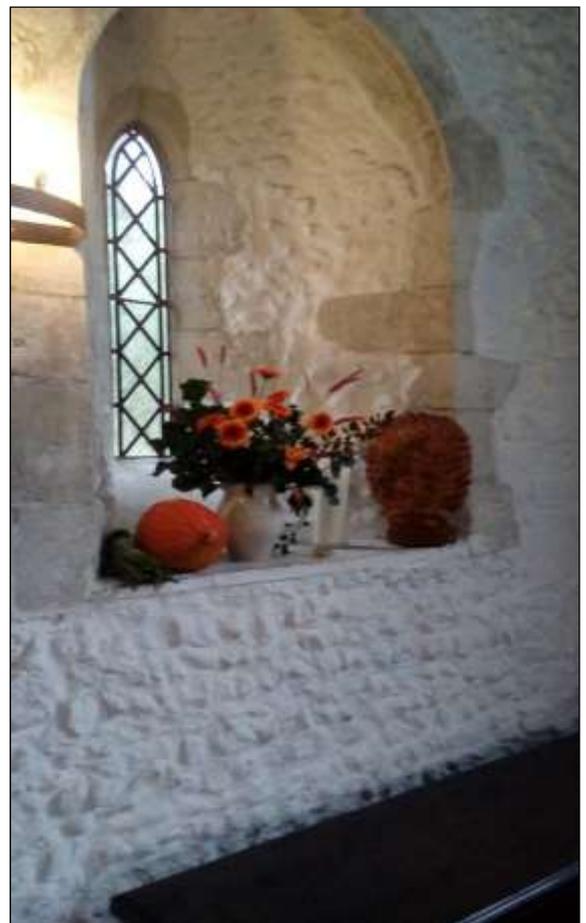
The Carol Service will be held on Sunday 17 December 6.30pm at St. Mary's Church, Great Abington.

Glenis Todd (01353 727 881)

## Harvest Festival Great Abington Church, Sunday 1 October

A colourful and joyful occasion.

*Photos below by Emma Jones*



## Hildersham Focus

### **Big Breakfast is back!**

Hildersham Village Hall Trust is hosting a Big Breakfast on Sunday 5 November from 8.30am to 11.30am. Last orders are at 11.00am and tickets cost £5 for adults and £2.50 for under-12s.

This fun and tasty village event is always popular so, to avoid disappointment, make sure to book early. To reserve your table, please contact Jenny Logan 891 897, Helen Humphrys 891 309 or Jill Heale 893 596, [edheale@btinternet.com](mailto:edheale@btinternet.com)

### **Emmaus in Hildersham – Clear out for Christmas!**

Tuesday 7 November: Hildersham Village Hall, 6pm – 8pm

Bring along good but no longer wanted items that can be sold, or reused by Emmaus: useful items include books, furniture, kitchenware, bric-à-brac, fire-regulated upholstery, good quality clothes and garden tools. (Computers, printers and televisions other than flat screen are not useful.) These items will all be collected by Emmaus on Tuesday 8 November.

Emmaus is a charity started in 1992 and there are now 29 communities spread across the UK. There are also four Emmaus groups currently working to open new communities.

Emmaus supports more than 750 formerly homeless people, by providing them with a home for as long as they need it and meaningful work in our social enterprises. There are to increase this to 1,000 places by 2020.

### **Pie and Fizz Quiz 10 November**

There are just a few places left! To book either individually or a table for up to eight people contact either 892 848 or email [catherinemyer43@btinternet.com](mailto:catherinemyer43@btinternet.com).

### **Creative Church Day**

Sunday 19 November in Hildersham Village Hall.

It doesn't seem very long since we were screen-printing Christmas Cards in 2016. This year we will be making ceramic lanterns in a variety of designs. These will be fired and glazed in time to be sold at the Christingle service on 17 December with the proceeds going to a children's charity.

The afternoon will begin at 1.30pm, with a break for tea before Café Church in the Hall at 4pm. Everyone is welcome – no previous experience is necessary!

### **Hildersham Lecture**

Friday 24 November, 7.30pm, Hildersham Church. *'Bring a mysterious object!'*

Whatever is it for? Why does it look like this? Cathy Myer will challenge your reasoning skills with some strange objects, each made for a very particular purpose.

Do bring along something to add to the collection and add to the fun of this brain-teasing evening. Entry £5 including refreshments, U18s free

### **It's Christmas Teatime! A date for the diary**

Thursday 14 December, 3pm at Hildersham Village Hall. All the usual Christmas treats – mince pies, cake and conversation. We look forward to seeing you.

**The next meeting of Hildersham Parish Council will be on Tuesday 14 November 2017 from 7.30pm at Hildersham Village Hall, High Street, Hildersham. Everyone welcome.**

### **Linton Village College**

Education news has been awash with challenges faced by schools. A number of high-profile campaigns, including [www.schoolsjustwannahavefunds.org](http://www.schoolsjustwannahavefunds.org) have addressed endemic funding issues that are affecting our ability to deliver the excellent education that all children deserve.

After months of consultation, the National Funding Formula was published in September. Despite a commitment to tackle inherent inequalities that saw schools in Cambridgeshire being grossly underfunded on the basis of historic formulae, the indicative figures demonstrate little real improvement.

Linton Village College stands to gain a nominal amount over the coming years. Unfortunately much of this is wiped out by real-term cost increases, meanwhile caps to protect the funding of better-off counties maintain existing inequities. If we were positioned over the Essex border we would see around £105,000 more in our annual budget; if we were in Greater Manchester we'd be over a million pounds better off; in Hackney we would receive an extra £2.5 million.

Making the books balance is becoming increasingly difficult. We are keen to maintain a holistic and enriching learning experience at LVC, avoiding a narrowing of the curriculum that other schools in the area have resorted to, or having to cut back on much-needed pastoral and learning support, especially as access to other services are under significant pressure.

We are really grateful to the school community for supporting us with fundraising. The Chestnut Tree at West Wrating raised over £1,300 from donations from their beer festival at the start of term. This has been committed to improving IT resources. We are awaiting a final total of the monies raised from our annual sponsored walk, which will help to update school facilities.

The Friends of LVC have recruited a new Chair and Secretary to the committee and we are thrilled that this important source of support will continue. Anyone wishing to volunteer can contact [friends@lvc.org](mailto:friends@lvc.org).

I know that many LVC past and present families and the wider community already contribute to LVC's Trust Fund. If you would like to contribute on a monthly, annual or one-off basis, please contact [Jackie.Bailey@lvc.org](mailto:Jackie.Bailey@lvc.org).

Helena Marsh, Executive Principal

### **Sawston Adult Education**

At Sawston Village College we are very proud of the variety of courses that we have available. If you are looking for some chill-out time before the Christmas festivities, then perhaps one of our Saturday Workshops on 9 December will appeal? Below are the exciting courses on offer:

Patchwork & Quilting – Christmas Table Runner 10am - 4pm £30

Christmas Day Flowers – 10.30am – 12.30pm £10

Indian Dance 10.30am – 12.30pm £10

Evening Make-up/Smokey eye workshop 10am – 4pm £30

All courses need to be booked in advance either by telephone downloading a booking form from our website [www.sawstonadulted.org](http://www.sawstonadulted.org) . For any enquiries or to make a booking please pop into the Adult Education reception Monday to Friday, 9am to 1pm during term. Or phone us on 01223 712 424 or email [community@sawstonvc.org](mailto:community@sawstonvc.org).

Amanda Hoskins

## Dates for your Diary

| Date |    | Venue Abington Institute unless stated                   | Time    | Page |
|------|----|--|---------|------|
| Wed  | 1  | <b>Yoga – course and drop in</b>                         | 9.30am  | 11   |
|      |    | <b>Senior Keep Fit – Abington Woods</b>                  | 11.30am | 12   |
|      |    | <b>Dynamic Dance Class</b>                               | 3.15pm  | 11   |
|      |    | <b>Yoga – course and drop in</b>                         | 7.00pm  | 11   |
| Thu  | 2  | <b>Abington Walking Group</b>                            | 10.00am | 17   |
| Fri  | 3  | <b>Baby &amp; Toddler Group – Pre-school building</b>    | 9.30am  | 12   |
|      |    | <b>Low Impact Aerobics</b>                               | 9.30am  | 12   |
|      |    | <b>Pilates</b>   | 10.45am | 12   |
| Sat  | 4  | <b>Scrapbooking Group</b>                                | 10.00am | 11   |
| Sun  | 5  | <b>Hildersham Big Breakfast – Village Hall</b>           | 8.30am  | 8    |
| Mon  | 6  | <b>French Conversation</b>                               | 1.00pm  |      |
|      |    | <b>Abington Gardening Club</b>                           | 7.30pm  | 17   |
| Tue  | 7  | <b>Art Group</b>   | 9.30am  |      |
|      |    | <b>Table Tennis</b>                                      | 8.00pm  | 11   |
|      |    | <b>Emmaus at Hildersham – Village Hall</b>               | 6.00pm  | 8    |
| Wed  | 8  | <b>Yoga – course and drop in</b>                         | 9.30am  | 11   |
|      |    | <b>FGMN Club visit to Morrison’s supermarket</b>         |         | 16   |
|      |    | <b>Senior Keep Fit – Abington Woods</b>                  | 11.30am | 12   |
|      |    | <b>Dynamic Dance Class</b>                               | 3.15pm  | 11   |
| Fri  | 10 | <b>Yoga – course and drop in</b>                         | 7.00pm  | 11   |
|      |    | <b>Baby &amp; Toddler Group – Pre-school building</b>    | 9.30am  | 12   |
|      |    | <b>Low Impact Aerobics</b>                               | 9.30am  | 12   |
|      |    | <b>Pilates</b>   | 10.45am | 12   |
| Fri  | 10 | <b>Pie and Fizz Quiz – Hildersham Village Hall</b>       | 6.00pm  | 8    |
|      |    |  |         |      |
| Sat  | 11 | <b>Naturewatch Autumn meeting</b>                        | 10.30am | 18   |
| Mon  | 13 | <b>French conversation</b>                               | 1.00pm  |      |
|      |    | <b>Abingtons &amp; Hildersham WI</b>                     | 7.30pm  | 17   |
| Tue  | 14 | <b>Art Group</b>   | 9.30am  |      |
|      |    | <b>Forget-Me-Not Club</b>                                | 2.00pm  | 16   |
|      |    | <b>Hildersham Parish Council – Village Hall</b>          | 7.30pm  | 9    |
|      |    | <b>Reading Group –11 Bourn Bridge Road, Lt. Abington</b> | 8.00pm  | 16   |
|      |    | <b>Table Tennis</b>                                      | 8.00pm  | 11   |
| Wed  | 15 | <b>Yoga – course and drop in</b>                         | 9.30am  | 11   |
|      |    | <b>Senior Keep Fit – Abington Woods</b>                  | 11.30am | 12   |
|      |    | <b>Dynamic Dance Class</b>                               | 3.15pm  | 11   |
|      |    | <b>Yoga – course and drop in</b>                         | 7.00pm  | 11   |
| Fri  | 17 | <b>Baby &amp; Toddler Group – Pre-school building</b>    | 9.30am  | 12   |
|      |    | <b>Low Impact Aerobics</b>                               | 9.30am  | 12   |
|      |    | <b>Pilates</b>   | 10.45am | 12   |
|      |    | <b>Film Night – doors open</b>                           | 6.45pm  | 12   |
| Sat  | 18 | <b>Abington Walking Group</b>                            | 10.00am | 17   |
| Sun  | 19 | <b>Creative Church Day – Hildersham Village Hall</b>     | 1.30pm  | 8    |
| Mon  | 20 | <b>French conversation</b>                               | 1.00pm  |      |
|      |    | <b>Great Abington Parish Council</b>                     | 7.15pm  | 15   |
| Tue  | 21 | <b>Art Group</b>   | 9.30am  |      |
|      |    | <b>Forget-Me-Not Club - outing, leave Magna Close</b>    | 11.00am | 16   |
|      |    | <b>Table Tennis</b>                                      | 8.00pm  | 11   |

|      |    |  |  |                           |
|------|----|--|--|---------------------------|
| Wed  | 22 | <b>Yoga</b> – course and drop in<br><b>Senior Keep Fit</b> – Abington Woods<br><b>Dynamic Dance Class</b><br><b>Yoga</b> – course and drop in                                | 9.30am<br>11.30am<br>3.15pm<br>7.00pm        | 11<br>12<br>11<br>11      |
| Thu  | 23 | <b>Abington Lunch</b>  | 12.45pm                                      | 16                        |
| Fri  | 24 | <b>Baby &amp; Toddler Group</b> – Pre-school building<br><b>Low Impact Aerobics</b><br><b>Pilates</b><br><b>Naturewatch</b><br><b>Hildersham Lecture</b> – Hildersham Church | 9.30am<br>10.45am<br>7.30pm<br>7.30pm        | 12<br>12<br>12<br>18<br>8 |
| Sat  | 25 | <b>Christmas Fayre</b>   | 10.00am                                      |                           |
| Mon  | 27 | <b>Rivercare litter pick-up</b> – meet at road bridge/ford<br><b>French Conversation</b><br><b>Little Abington Parish Council</b>  | 9.30am<br>1.00pm<br>7.15pm                   | 14                        |
| Tues | 28 | <b>Art Group</b><br><b>Mobile Library</b><br><b>Forget-Me-Not Club</b><br><b>Scrabble Club</b><br><b>Table Tennis</b>  | 9.30am<br>a.m.<br>2.00pm<br>7.00pm<br>8.00pm | 12<br>16<br>17<br>11      |
| Wed  | 29 | <b>Yoga</b> – course and drop in<br><b>Senior Keep Fit</b> – Abington Woods<br><b>Dynamic Dance Class</b><br><b>Yoga</b> – course and drop in                                | 9.30am<br>11.30am<br>3.15pm<br>7.00pm        | 11<br>12<br>11<br>11      |
| Thu  | 30 | <b>Flower Workshop</b>   | 10.00am                                      | 12                        |

For details of contacts please see inside back cover or articles where indicated.

**Institute bookings:** phone 01223 790 711 or email: [institute@theabingtons.org.uk](mailto:institute@theabingtons.org.uk)

### Jeremiah's Café in Abington Village Institute

#### Opening times in November 2017

|                     |   |
|---------------------|---|
| Thursday lunchtimes | 11.30am – 1.30pm (2, 9, 16 and 30) Lunch 23 <sup>rd</sup> |
| Friday mornings     | 8.45am – 11.00am  |
| Saturday mornings   | 10.00am – 12 noon   |

**Contacts for Café** – Gaynor Farrant 07817 517 871 or [gaynorfarrant198@btinternet.com](mailto:gaynorfarrant198@btinternet.com) and Gill Smith 892 759 or [richardandgill.smith@live.co.uk](mailto:richardandgill.smith@live.co.uk)

**Advance notice – Jeremiah's Café Big Breakfast** will be on Saturday 16 December, so please make a note in your diary.

#### Wheelie bin dates for November 2017 (Abingtons and Hildersham)

|              |               |               |               |
|--------------|---------------|---------------|---------------|
| <b>Mon 6</b> | <b>Mon 13</b> | <b>Mon 20</b> | <b>Mon 27</b> |
| Green/Blue   | Black         | Green/Blue    | Black         |

**Scrapbooking Group** – We meet one Saturday of every month and welcome you to take a look any time and ask questions.

**Yoga – Wednesdays 9.30am and 7pm at Abington Institute**

Contact Joan 890 629 or email [joangraham72@gmail.com](mailto:joangraham72@gmail.com)

**Dynamic Dance Theatre School – Wednesdays from 3.15pm**

Ballet and modern dance lessons for children from 4 years old at Abington Institute.

Contact Esme on 07719 816 548 or [esmewatts@hotmail.com](mailto:esmewatts@hotmail.com)

**Table Tennis – Tuesdays 8pm at Abington Institute**

Contact Raj Sangha on 07803 786 905.

**Abington Pre-school Baby and Toddler Group** This group runs during term time from the Annexe building at the bottom of the school playground; **open on Fridays from 9.30am to 11.30am**, for all children aged 0–3 years old. Refreshments provided for children and adults. Contact Abington Pre-school on 01223 894 246

**Low Impact Aerobics – Fridays 9.30–10.30am at Abington Institute**

Suitable for 50+ or those returning to exercise. Aerobics, toning and stretching. Exercises to raise your heart rate and tone your body; fun and friendly.

**Pilates – Fridays 10.45–11.45am at Abington Institute**

Pilates exercises will help to alleviate back pain, increase core strength, improve posture and flexibility. Please book for 5 weeks for Low Impact Aerobics and Pilates. Contact Disa Bennett on 07798 754 029 or [www.zumbaandpilatescambridge.co.uk](http://www.zumbaandpilatescambridge.co.uk)

**Senior Keep Fit – Wednesdays 11.30–12.30 at Abington Scout Hut, Church Lane, Little Abington.** Chair-based exercises for strength. Improve your balance and your general well-being. Please note venue and time. New members very welcome. Come and join in with some stretches and gentle exercises. Have fun and make new friends. For more information contact: Viki Green Level 4 exercise referral specialist. Tel: 07762 902 976. Email: [Victoriagreen@btinternet.com](mailto:Victoriagreen@btinternet.com)

**Film Nights at Abington Institute** This month **Film Night** is on **Friday 17 November**. Doors open 6.45pm, film starts at 7.00pm. Everyone welcome. Raffle and refreshments. See the poster in the Institute for full details.

If you would like to receive details of the film by email approx. two weeks before a screening then subscribe for free to our mailing list using the link at <http://www.theabingtons.org.uk> or email an enquiry to [films@theabingtons.org.uk](mailto:films@theabingtons.org.uk)

Dianne Dawson (893 101)

**Christmas Flower Workshops 2017 at Abington Institute**

Thursday 30 November 2017 10am - 12.30pm

Come and make a door wreath or advent ring.

Thursday 21 December 2017 10am - 12.30pm

A flower arrangement for your Christmas table

For further information tel. 01223 891 464 or email [fredasflowers@hotmail.co.uk](mailto:fredasflowers@hotmail.co.uk).

**Mobile Library**

Tuesday 28 November 2017, times as follows:

|                 |                                     |                 |
|-----------------|-------------------------------------|-----------------|
| Little Abington | West Field                          | 10.00–10.30am   |
| Great Abington  | North Road                          | 10.40–11.10am   |
|                 | Magna Close                         | 11.20am–12.10pm |
|                 | The Shop                            | 12.15–12.35pm   |
| Hildersham      | End of Beech Lane<br>near phone box | 12.45–1.00pm    |



**Abington History Group**

Following the launch on 21 October of our new book

**Great and Little Abington 1900 to 1930 A Time of Change**

The book will be on sale at £5 a copy in the café in the Institute between

10am and 12 noon on **Saturdays November 4, 11, 18**

Or phone Jennifer Hirsh on 01223 893 352

## **Stay well this winter**

Winter weather can be seriously bad for our health. Being cold can aggravate existing conditions and raise the risk of increased blood pressure, heart attacks and strokes. However, there are lots of things you can do to stay well this winter.

### **Get expert advice from your pharmacist**

If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice on the best treatment from your local pharmacist.

### **Make sure you get your free 'flu jab**

Flu is a highly contagious and can cause serious complications for at risk groups. Adults over 65; those with long-term health conditions; children aged two to eight; carers and pregnant women may all be eligible for a free 'flu vaccination – ask your GP practice today.

### **Stock up your medicine cabinet**

A well-stocked medicine cabinet can help you treat common winter ailments such as coughs, colds, sore throats and sickness bugs at home and will save you going out if you feel unwell. Ask your pharmacist about essential medicines to keep at home.

### **Keep warm**

Keeping warm, both inside and outdoors, over the winter months can help to prevent colds, 'flu and more serious health problems such as heart attacks, strokes, pneumonia and depression.

### **Get the right help**

Make sure you're receiving all the help you are entitled to. Learn how to make your home more energy efficient and take advantage of financial schemes to keep up with energy bills.

Visit [www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell](http://www.nhs.uk/Livewell/winterhealth/Pages/KeepWarmKeepWell) for details.

For further information on staying well this winter visit [www.nhs.uk/staywell](http://www.nhs.uk/staywell)

## **Granta Medical Practices – Appointments**

We continue to have a very high demand for appointments but continue to offer unlimited on-the-day access for urgent problems.

Our routine ability to book ahead depends on the clinician, and the current wait for the next available routine appointment is three weeks. For doctors with specialist areas of expertise the wait may be longer, however, as a service, is far shorter than waiting for a hospital specialist.

Following a discussion at the patient group, we have implemented a change to our system to generate an extra 64 routine appointments a week. Unfortunately we also have to deal with some staff sickness at the moment (down 6 sessions a week). Although we have extremely high demand levels, we never turn away on-the-day urgent cases and are the only surgery doing this.

## **Wanted – A used Ride-On Rotary Lawn Mower**

AALGA is looking to purchase a used ride-on rotary lawn mower/grass cutter in good condition for use on the village allotments. If you have such a machine for sale or are looking to sell one in the next few months please contact:

David Milns on 890 252, or Brian Hayden-Smith whose email address is [brianhaydensmith@hotmail.com](mailto:brianhaydensmith@hotmail.com)

### Parish Council meeting reports

Please note that *The Abingtons and Hildersham News* goes to press in October and November before the Parish Council meetings are held. The agendas and minutes of both meetings will be available on the village website as well as the noticeboard in Church Lane. Details of the next meeting are given below.

#### **Little Abington Parish Council Meetings**

Abington Institute, High Street

Next meeting: **Monday 27 November 2017 at 7.15pm**

**Public participation: Come and have your say – 15 minutes, early in meeting**

Peter Brunning (Chairman)

tel: 891960

Email: [pc@brunning.org.uk](mailto:pc@brunning.org.uk)

Genevieve Dalton (Clerk)

tel: 893 332

Email: [clerk@littleabington.clara.co.uk](mailto:clerk@littleabington.clara.co.uk)

[www.theabingtons.org.uk/parish-councils/little-abington-parish-council/](http://www.theabingtons.org.uk/parish-councils/little-abington-parish-council/)

### SCDC changes to waste paper recycling

South Cambs. District Council is changing the way used paper is collected from residents for recycling.

From 11 December 2017 residents won't need to use their caddies to recycle paper. From that date residents should place their used paper directly into their blue wheelie bins instead. The used paper will still be recycled after being sorted from other materials at our facility near Waterbeach.

The decision to withdraw the paper caddy service was taken at the SCDC Cabinet meeting in September. The decision will save taxpayers money and simplify the recycling process for residents.

Because of this change the District Council will not be delivering any new paper caddies. If they are lost or stolen before 11 December residents can begin putting paper in their blue bin.

After 11 December residents can keep their caddy to use for anything they like. Alternatively, they can be recycled by being dropped off at the nearest household waste recycling centre. They should NOT be placed in wheelie bins.

More information is available on [www.scams.gov.uk/recycling](http://www.scams.gov.uk/recycling) .

Tom Horn, Communications Officer, SCDC

### November events with Cambridge Past, Present and Future (CambridgePPF)

Longer nights and brisk November days mean we're well into autumn – all the reason you need to wrap up warm, head outdoors and make the most of the precious daylight before winter truly arrives. CambridgePPF has a range of events to help you enjoy the beauty of the local countryside with hands-on hedge laying, coppicing and orchard pruning events at Coton Reserve and Wandlebury Park. You'll be able to learn traditional conservation skills as well as getting a good dose of fresh air. The regular healthy walkers and Nordic walkers will get in step for their sociable, scenic walks around the park and especially for youngsters, Vital Spark Theatre will be hosting a new pop-up event with nature craft and storytelling adventures at Wandlebury. After all that activity there's no excuse for being chilly!

**Directions:** Wandlebury Country Park is on the A1307, 2.5km south of the Addenbrooke's roundabout. CB22 3AE. Parking is available on site and costs £3 per vehicle, members free.

**For more information:** email [bookings@cambridgeppf.org](mailto:bookings@cambridgeppf.org) or call 01223 243 830 extension 207 or visit [www.cambridgeppf.org/whats-on](http://www.cambridgeppf.org/whats-on) .

## Granta Park Access

Since the meeting with representatives from TWI on 5 September the Chairmen of both Parish Councils have continued to negotiate with the landowners. Some progress has been made and currently Abington residents can access Granta Park via the gatehouse at the main entrance where they will be issued with a visitor's pass and a map of permitted walking areas. We feel that this is a helpful first step but will continue to push for access via routes other than the main entrance. We have reminded TWI of the request made on 5 September for a follow-up meeting and will organise this as soon as possible.

## Moorefield Development

As many people will be aware the houses on Pampisford Road are progressing rapidly and the show home is due to open at the end of October. Some people have been surprised at the price being asked for the houses but unfortunately the market is what it is and we live in a very expensive part of the country. The affordable homes on the site will be handed over to SCDC in due course and will then be offered to those who are on the waiting list with an Abington connection in the first instance.

## PLANNING

S/3099/17/PA. 45 North Road - Prior Approval for Change of Use of Agricultural Buildings to Residential use. To be discussed

S/3564/17/OL. Land North of Linton Road. Proposed 13 dwellings. To be discussed.

S/3543/16/FL. Land South of Linton Road. 45 dwellings. Approved by SCDC. (Unfortunately the County Council was not able to make a case for a S106 contribution to education.)

## Local Highways Improvement Initiative

We have submitted an application to the County Council LHI for several aspects to improve road safety, the main part being slowing down traffic in the centre of the village. In addition, we included yellow lines on the entrance to Mortlock Gardens and Lewis Crescent plus Children at Play signs at Ivan Clark's Corner. We now have to wait to see if we are successful in getting funding.

### Great Abington Parish Council Meetings

Held in Abington Village Institute

**Bernie Talbot (Chairman) tel: 892 647**

**Planning Committees:** Usually Mondays, as required, 6.30pm. See notice board for dates or contact the parish clerk.

**Next Parish Council meeting Monday 20 November 2017, 7.15pm.**

There will be an opportunity early in the meeting for members of the public to speak to the council about matters of concern. Agendas and minutes are posted on the Parish Council notice board located at the entrance to Magna Close or available from the parish clerk.

Paula Harper (Clerk): [harper802@btinternet.com](mailto:harper802@btinternet.com) (892 000)



## Abington Lunch Thursday 23 November 2017



Fruit Juice

**Sausage and Vegetable Casserole  
Mashed Potatoes and Winter Vegetables**

**Sticky Toffee Pudding with Toffee Sauce and Custard**

Tea or Coffee

Please book your meal on 07789 585 399. Leave your name and telephone number with your message before noon on Tuesday 21 November. Don't forget to tell us if you need a special diet. Doors open at **12.45pm**. Note that the lunch is open to **ALL** Abington and Hildersham residents. **Only £5.**

**Next lunch Thursday 25 January 2018**

### Forget-Me-Not Club

November's entertainment will be somewhat low-key following the full programme of speakers and lunches throughout October. However, we will of course be able to look forward to our annual Christmas celebrations that finish the year in December. Peter and Viki Brunning will be guest speakers this month sharing their New Zealand adventure, which they enjoyed earlier in the year. Claire, our Parish Nurse, will be giving us an update on her work in the community.

**Wednesday 8 November** – Trip to Morrison's Supermarket

**Tuesday 14 November – 2pm** - Update from Claire our Parish Nurse

**Tuesday 21 November – Leave Magna Close 11am – Return from Wyevale at 2pm** – Outing to Wyevale Garden Centre Shepreth. Contact Viki Brunning for further details at a Club Meeting or on 891 960

**Tuesday 28 November – 2pm** – Talk by Peter and Viki Brunning on their holiday in New Zealand.

Anne Hall (892 275)

### Reading Group

|             |  |                 |
|-------------|--|-----------------|
| 14 November | <i>A Dictionary of Mutual Understanding</i><br>Jackie Copleton (+ optional extra -<br><i>Little Boy Lost</i> Marghanita Laski) | Judith Allen    |
| 12 December | Christmas meal: Guess the country!<br>How other countries celebrate<br>Christmas – we each talk about one                      | Beverley Dennis |
| 9 January   | <i>The Secret River</i> Kate Grenville   | Lisa Pechey     |

Please confirm your attendance in November to Judith.

Lisa Pechey

## **Abington & Hildersham Women's Institute**

The October meeting is always a special one in the WI calendar, as the members themselves get together to organise the evening, arranging speaker, entertainment, refreshments and raffle. This year we welcomed Steve Line, presenter of the BBC radio show Walk Right Back, featuring music from the 50s, 60s and 70s. Steve told us the story of how he first got into radio. He has been a passionate supporter of Cambridge United all his life and when asked to become a CU director in the 1980s, thought it was his dream job. The reality was long meetings and little action, so when Andy Harper needed a commentator for a CU match, Steve was delighted to step in. His humorous touch was popular with listeners and he became a regular on the sports show, commentating twice at Wembley. He had also been a DJ in his chequered career and the BBC was looking for a new presenter. With a friend's help, Steve produced a professional demo and was given a 12-week contract. People loved his show packed with music they grew up listening to and it is still going strong with fans all around the world – Sundays at noon on BBC Radio Cambridgeshire. The Committee is grateful to members for a most enjoyable evening with delicious refreshments and a splendid raffle.

Next meeting Monday 13 November 7.30pm: A quilt for all seasons by Margaret Johnson. Please bring any quilted items for display. Visitors and new members welcome.

Marilyn Broadhurst (893 214)

## **Scrabble Club**

The next meeting will be at 7pm on Tuesday 28 November in the Institute. New members very welcome.

Sheena Fraser

## **Abington Gardening Club**

On Monday 6 November at 7.30pm in the Institute Robin Carsberg will give a talk entitled 'Gardens of the Italian Lakes'. At the following meeting on Monday 4 December, Simon White from Peter Beales Roses will give a talk. Membership fees are now due – £8 annual fee, visitors £3.

All welcome.

Kay Harman, Secretary tel: 891 730 email: [robandkayharman@gmail.com](mailto:robandkayharman@gmail.com)

## **Abington Walking Group**

Our October walks included the pub lunch at Brockley Green which went down very well. The Saturday walk was on a very blustery day in the Olmstead Green area.



The next walks are on Thursday 2 November and Saturday 18 November.

As our pub lunches have proved popular we are having another one on Thursday 7 December. Make a note in your diary. We would love to see you.

Our walk dates for 2018 have now been drawn up. Do contact us for a copy.

For further information, please contact:

Robin Harman on 891 730 [robandkayharman@gmail.com](mailto:robandkayharman@gmail.com) or

George Woodley on 891 169 [georgewoodley@talktalk.net](mailto:georgewoodley@talktalk.net)



## Naturewatch November Meetings

Naturewatch has two meetings in November. On Saturday 11 November at 10.30am at the Institute we have our autumn members' meeting where we will review what has been seen and recorded over the spring and summer and talk about planned winter visits. Refreshments will be available through the café.

On Friday 24 November at 7.30pm our autumn speaker's meeting will be on dragonflies. We have been lucky that the Hon. Secretary of the Dragonfly Society, Henry Curry, has agreed to come along and talk to us about how to recognise dragonflies and which common ones we are likely to see locally. Everyone is very welcome, and tea and coffee will be available after the meeting.

See what's being reported on the Naturewatch website: <http://abington-naturewatch.blogspot.com> reached through the village website <http://www.theabingtons.org.uk> .

## Abington Golf Competition

The 2017 Abington Golfers at the Gogs Invitational tournament took place on Friday 1 September. The conditions were very pleasant for this Stableford competition on the Wandlebury course and the competitors enjoyed a closely fought game.

Jo Farnell scored a very respectable 36 points and easily won the competition as the best female golfer. Guy Underwood just pipped Robert Haining to take the Men's trophy with 33 points. Trevor Smith, Gordon Hannah and Eric Fordham all scored well. After the match we headed to the Tuns for a fine meal and prize-giving.

The event raised £163 for Great Abington Primary School PTFA and we would like to thank The Three Tuns and Abington Pottery for their kind support. We are also indebted to the Gogs members for helping us host the event.

There was considerable interest from the village golfers and we are looking forward to next year's competition to see who will be the best golfers in the village.

Pencil in Friday 29 June 2018 if you want to enter the challenge for the exclusive trophies.

Alan Clarke

## Sawston Fun Run 13 May 2018

### Are you looking for funds or prepared to be involved?

If you know a local charity or organisation that might benefit from receiving funds from the Sawston Fun Run, let us know. We are inviting local charities and organisations to apply to be a beneficiary of the event to be held on Sunday 13 May 2018. Each year, the event donates around £15,000 to charities and organisations serving villages around Sawston. You need to identify a specific project or activity that needs support, tell us who will benefit, and say when the funds are needed. While capital projects are preferred, the selection is based on the strength of each case.

**The closing date for applications is 30 November.** Application forms are available from the website [www.sawstonfunrun.co.uk](http://www.sawstonfunrun.co.uk) or by contacting me, Ian Chamberlain, by phone (872 243) or email [enquiries@sawstonfunrun.co.uk](mailto:enquiries@sawstonfunrun.co.uk) This great local event has expanded over the years so it engages with all sections of the community and attracts more than 1,000 entrants. It has become the largest community event of its type in the area - organised and managed totally by volunteers with support from local businesses and retailers. **Past sponsors and advertisers are already confirming their backing. We would love to hear from any business or individual who is willing to help or be involved in any way.**

Ian Chamberlain, Rotary Club of Cambridge Sawston

## Church Services for November 2017

| DATE                                 | Gt. Abington<br> | Lt. Abington<br> | Hildersham<br> | Readings   |
|--------------------------------------|---|---|--|--|
| 2 November<br>All Souls Day          |   | 7.00pm<br>Service of Hope   |  |  |
| 5 November                           | 10.45am<br>Communion  |   | 6.00pm<br>Evensong   | Revelation 7.<br>9-end<br>Matthew 5.1-12             |
| 12 November<br>Remembrance<br>Sunday |   | 10.45am<br>Remembrance<br>Service   | 9.15am<br>Communion  | Wisdom 6.12-16<br>Matthew 25.1-13                    |
| 19 November                          | 9.15am<br>Communion   |   | 4.00pm<br>Café Church  | Zephaniah<br>1.7,12-18<br>Matthew 25.14-30           |
| 26 November                          |   | 10.45am<br>Communion  | 9.15am<br>Communion –<br>Prayer Book   | Ezekiel 34.11-<br>16,20-24<br>Matthew 25. 31-<br>end |

### Church Flower Rota

|             | Great Abington | Little Abington | Hildersham          |
|-------------|----------------|-----------------|---------------------|
| 5 November  | Anne Hall      | Freda Orgee     | Muriel Crampin      |
| 12 November | Carol Mc Crae  | Freda Orgee     | Remembrance Service |
| 19 November | Carol Mc Crae  | Sally Ellis     | Kirsten Newble      |
| 26 November | Carol Mc Crae  | Sally Ellis     | Kirsten Newble      |

### Churchwardens

|                        |                      |                                 |         |
|------------------------|----------------------|---------------------------------|---------|
| <i>Hildersham</i>      | Cathy Myer           | 'Woodside', Hildersham          | 892 848 |
|                        | Andrew Westwood-Bate | 5 Sleaford Close, Balsham       | 892 430 |
| <i>Great Abington</i>  | Tony Collett         | 23 Meadow Walk, Great Abington  | 893 447 |
| <i>Little Abington</i> | Graham Ross          | 41 Church Lane, Little Abington | 891 564 |

### Assistant Church Wardens

|                        |                    |                                 |                  |
|------------------------|--------------------|---------------------------------|------------------|
| <i>Great Abington</i>  | Anne Hall          | 12 Magna Close, Great Abington  | 892 275          |
|                        | Patsy Randall      | 77 High Street, Great Abington  | 07765<br>345 714 |
| <i>Little Abington</i> | Mary Miles         | 36 Church Lane, Little Abington | 891 083          |
|                        | Marilyn Broadhurst | 34 West Field, Little Abington  | 893 214          |

### Parish Nurse

|                |   |                  |
|----------------|---|------------------|
| Claire Gillett | <u>Not 24 hrs</u> , please leave a message if no reply - Claire will respond when next on duty. | 07498<br>994 205 |
|----------------|---|------------------|