

Proposed Pump Track

Abington Recreation Ground Committee

What is a pump track?

Pump Track

A small track using as little as 10 x 30 feet of land, is a looping trail system of dirt berms and “rollers” (smooth dirt mounds for pumping) for bicycling without the rider pedalling.

The name comes from the pumping motion used by the cyclist's upper and lower body as they ride around the track. The purpose of a pump track is to use this pumping motion to maintain speed around the track without pedalling.

What is it for?

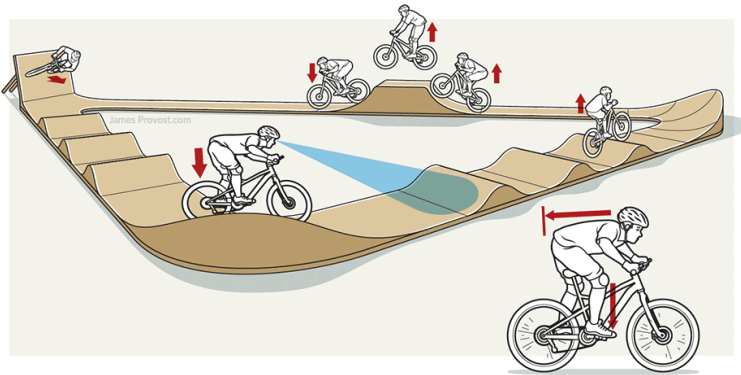
Training and fitness

- ▶ Develops cycling skills
- ▶ Improves balance and coordination
- ▶ Anticipation and looking ahead
- ▶ Improves fitness and agility
- ▶ It's fun

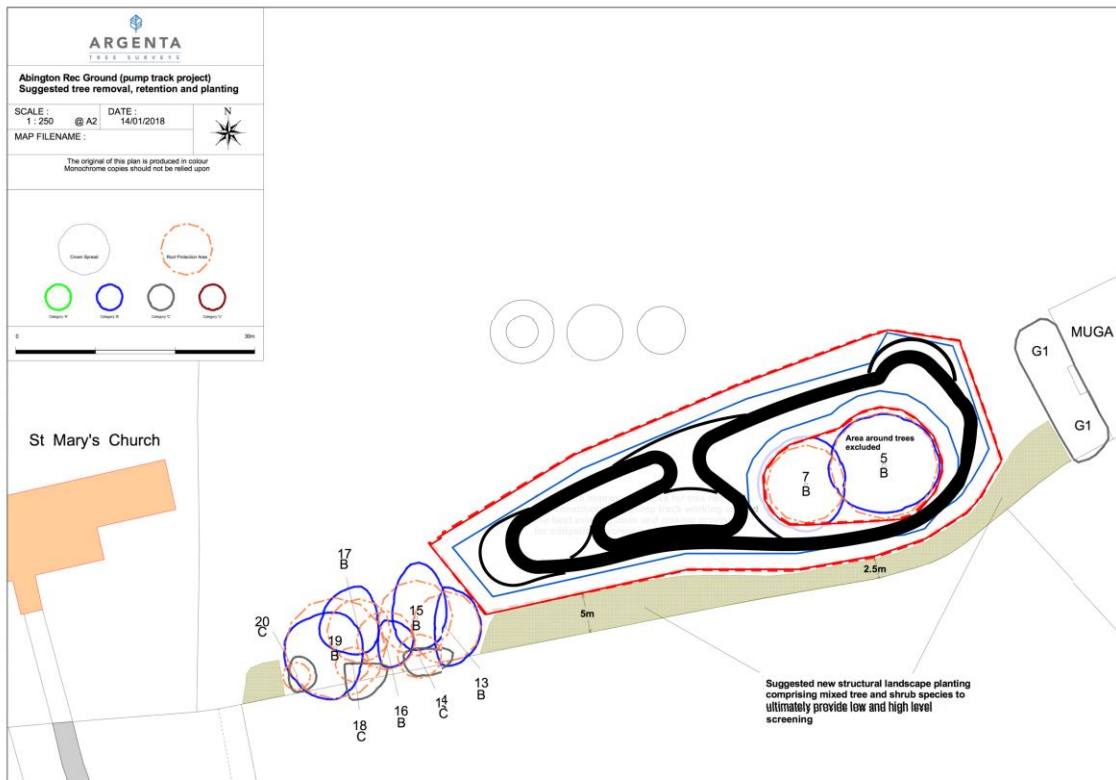
User groups

- ▶ Cyclists
- ▶ Skateboarders
- ▶ Roller skaters
- ▶ Scooter riders
- ▶ Wheelchair users
- ▶ Physical disabilities
- ▶ All age groups

Pump Track Visuals



Preliminary Design - showing location



Possible design



Consultation

- ▶ School - initial proposal & discussion
- ▶ Regular reports to Recreation Ground Committee
- ▶ Tree survey by Argenta Tree Surveys
 - ▶ Reports in January 2018
- ▶ Community - article in A&H News May 2018
 - ▶ Various responses
 - ▶ Abington Woods - enthusiastic written response
- ▶ Pre-application advice from SCDC planning
- ▶ Web page on village website
 - ▶ <http://www.theabingtons.org.uk/parish-councils/abington-recreation-ground/pump-track-proposal/>

Next steps

- ▶ Request quotes for detailed design (for planning) and possible construction
- ▶ Investigate funding sources
- ▶ Formal permission: landowner & owner of access road
- ▶ Apply for full planning permission
- ▶ Investigate use of local volunteers / contractors
- ▶ Appoint contractor